

SSY260 Group Dynamics—Spring I 2002
Professor Vanessa Bing

Weekly Journal

As part of your group dynamics course, you will be asked to maintain a weekly journal. In this journal, you will attempt to accomplish *three key things*:

1. Discuss a *new concept* you learned in class during the week that expands your understanding of communication and group processes;
2. Describe how you attempted to utilize this concept in your real-life experiences (i.e., at work, with family members, in school, on the street), noting how successful or unsuccessful you were in its implementation;
3. Discuss what you learned about yourself in relation to other individuals and/or groups with respect to this particular issue.

All journals will be due on Thursday of each week, and should be typed, double-spaced. The typical length is two to three paragraphs, and should be about one page in length. By the semester's end, you should have 12 journal entries that you will submit in binder form.