

Therapeutic Recreation Associate of Science | Degree Map

Follow this map to graduate in two years, though other paths are possible. You must average 15 credits a semester to finish in two years. Contact an advisor for additional support, and see the back for more information.

	Course	PC = Program Core; RC = Required Core; FC = Flexible Core	Category	Credits	Session
SEMESTER 1	HSF090 First Year Seminar for Health Sciences		PC	0 (2hrs)	I
	ENG101 English Composition I (or ENA101)		RC	3	I
	MAT120/119 Statistics (see Math note on back)		RC	3	I
	HTR100 Introduction to Recreation & Leisure		PC	3	I
	SCB203 Anatomy & Physiology I (Life Physical Sci: pre-req for HTR101)		RC	4	I
	SSY101 General Psychology		PC	3	II

	Course	Category	Credits	Session
SEMESTER 2	ENG102 English Composition II	RC	3	I
	HUP102 Critical Thinking	PC	3	I
	HTR101 Introduction to Therapeutic Recreation	PC	3	I
	SCN195 Community Health (co-req for HTR101)	PC	2	I
	SCB204 Anatomy & Physiology II (Scientific World: co-req for HTR101)	FC	4	I

	Course	Category	Credits	Session
SEMESTER 3	HTR102 Professional Issues in Therapeutic Recreation	PC	3	I
	SSY230 Abnormal Psychology	PC	3	I
	Flexible Core Course (see back for more information)	FC	3	I
	SSY240 Developmental Psychology I (Individual & Society – see back)	FC	3	I
	Flexible Core Course	FC	3	II

	Course	Category	Credits	Session
SEMESTER 4	HTR200 Therapeutic Recreation in Long- Term Care (Capstone)	PC	3	I
	HTR201 Therapeutic Recreation Fieldwork	PC	2	I
	SSY241 Developmental Psychology II	PC	3	I
	Flexible Core Course	FC	3	I
	Flexible Core Course	FC	3	II
Register for GRDOOO "Intent to Graduate" in CUNYfirst to apply for graduation in your final semester				
Students must take at least one Urban Study course				

Start planning now for what comes after graduation! Connect with [Transfer Services](#) and the [Center for Career & Professional Development](#). Also see the back of this map for more information on transfer.



Credits Required to Graduate

Category	Credits
Pathways Required Core (RC)	13
Pathways Flexible Core (FC)	19
Program Core (PC)	28
Total	60

More information at laguardia.edu/therapeutic-recreation

Effective Fall 2018-Spring 2019 catalog. Updated: 4/11/2022
Follow the map for the catalog year in which you first enrolled.
Check Degree Audit & speak to an advisor for more support.

Program Core (PC) and Pre/Co-requisites

The Program Core (PC) is the required set of major-specific courses. Refer to the Pre- and Co-requisite list below to ensure you register for the appropriate courses.

Pre-requisite: A course which must be completed prior to taking another course

Co-requisite: A course which must be taken during the same session as another course.

1. HTR100 PRE: Math Proficiency PRE/CO: SCB203&ENA/ENG101&HSF090
2. SSY101 PRE: English and Math Proficiency
3. HUP102 PRE/CO: English Proficiency
4. HTR101 PRE: HTR100 & PRE/CO: SCB204&SCN195
5. SCN195 PRE: ENG101 & Math Proficiency & SSY101
6. HTR102 PRE: HTR101 & PRE/CO: SSY230&ENG102
7. SSY230 PRE: SSY101
8. HTR200 PRE: ENG102&HTR102 & P/C: SSY241
9. HTR201 PRE: ENG102&HTR102&P/C:HTR200
10. SSY241 PRE: SSY101

Transfer-related Course Notes

To fulfill transfer requirements at Lehman College, take the following Pathways Courses:

1. Life and Physical Sciences: **SCB203** Anatomy & Physiology
2. Scientific Word: **SCB204** Anatomy & Physiology II
3. Individual & Society: **SSY240** Developmental Psychology I (SSY241 will be required as Part of the Program Core)

Pathways Requirements & Transfer

PATHWAYS REQUIRED CORE (RC) Pathways is CUNY's general education framework. For Required Core, students must take 2 English courses, 1 Mathematics and Quantitative Reasoning course, and 1 Life and Physical Sciences course. For more details, including a list of Life and Physical Sciences courses, visit the [Pathways Required Core website](#).

MATHEMATICS AND QUANTITATIVE REASONING MAT120/119 Statistics is recommended because it is required by the National Council for Therapeutic Recreation Certification (NCTRC).

PATHWAYS FLEXIBLE CORE (FC) allows students to choose courses based on interests, transfer or career plans, or for general exploration. Associate of Science students must take one course from each category listed below, plus an additional course from any category. View DegreeWorks or the [Pathways website](#) to see a full range of options, or talk with the program director or an advisor. Note: your program has specific requirements or recommendations listed below.

- Creative Expression
- **Individual & Society: SSY240 Developmental Psychology** needed if transferring to Lehman (SSY241 is taken as part of Program Core)
- **Scientific World: SCB204 Anatomy & Phsyciology II** required for HTR101 and needed if transferring to Lehman
- U.S. Experience in its Diversity
- World Cultures and Global Issues

TRANSFER AGREEMENTS The Therapeutic Recreation program has an agreement with the following 4-year college. By graduating from LaGuardia and meeting certain requirements, you will be able to complete your studies at a 4-year college and earn a bachelor's degree. For more information, visit our [Transfer Agreement \(Articulation\) web page](#).

1. Lehman College – BS in Therapeutic Recreation