

DEGREE MAP

Nutrition and Culinary Management: Nutrition Option, AAS

Follow this map to graduate in two years, though other paths are possible. Contact an advisor on My LaGuardia for additional support or if you require developmental courses. See reverse for additional information.

SEMESTER 1

Course	Category	Priority	Credits	Session
HSF090 First Year Seminar for Health Sciences	PC	x	0 (2hrs)	I
ENG101 English Composition I	RC	x	3 (4hrs)	I
MAT115 College Algebra and Trigonometry or MAT120 Elementary Statistics I	RC		3 (4hrs)	I
SCD114 Culinary Arts I ¹	PC	x	3 (5hrs)	I
SCD200 Introductory Nutrition ²	PC	x	3	I
SCD107 Careers in Nutrition and Culinary Management ³	PC		1	II
SCD251 Principles Of Sanitation ⁴	PC	x	2	II

SEMESTER 2

Course	Category	Priority	Credits	Session
ENG102 English Composition II	RC		3	I
SCB101 Topics in Biological Sciences - Life & Physical Sciences	RC		3	I
SCD203 Lifecycle Nutrition ⁵	PC		3 (4hrs)	I
SCD250 Menu Planning & Production ⁶	PC	x	3 (5hrs)	I
SCD252 Principles of Purchasing	PC		3	II
SSY101 General Psychology - Scientific World	FC		3	II

SEMESTER 3

Course	Category	Priority	Credits	Session
SCD214 Culinary Arts II ⁷	PC	x	3 (5hrs)	I
SCN240 Food & Culture ⁸ - Urban Studies Requirement	PC		3	I
SCD204 Nutrition & Disease ⁹	PC		3 (5hrs)	I
SCH160 Health & Wellness ¹⁰	PC		3	I
HUC106 Public Speaking or other Flexible Core Course Option	FC		3	II

SEMESTER 4

Course	Category	Priority	Credits	Session
SCD253 Culinary Management ¹¹ [Capstone]	PC	x	3 (4hrs)	I
SCD206 Nutrition Counseling ¹²	PC		3	I
Flexible Core Course Option	FC		3	I
SCD266 Nutrition & Culinary Management Internship ¹³ (12hrs class/180 field)	PC		3	II

Register in CUNYfirst for "Intent to Graduate" (GRDOOO) in your final semester.



DEGREE FULFILLMENT

12 credits Pathways Required Core (RC)

9 credits Pathways Flexible Core (FC)

39 credits Program Core (PC)

60 credits Total

laguardia.edu/Nutrition

Effective Fall 2020-Spring 2021 Catalog. Reviewed April 2020. Check Degree Audit and speak to an advisor if you enrolled prior to the listed catalog year.

PRE-/CO-REQUISITES

Refer to the Pre– and Co– Requisite List below to best select courses for each semester.

PRE-REQUISITE A pre-requisite course must be completed prior to taking another course.

CO-REQUISITE Co-requisite courses must be taken during the same session as another course.



1. SCD114 PRE: MAT 96 & PRE/CO:ENG101
2. SCD200 PRE: MAT 96 & PRE/CO:ENG101
3. SCD107 PRE: MAT96 & PRE/CO:ENG101/SCD 114
4. SCD251 PRE: SCD 114
5. SCD203 PRE: SCD 200
6. SCD250 PRE: SCD 114 & SCD 251
7. SCD214 PRE: SCD 114
8. SCN240 PRE: ENG 101
9. SCD204 PRE: SCD 200
10. SCH160 None
11. SCD253 PRE: SCD 250
12. SCD206 PRE: SCD 200 & SSY 101
13. SCD266 PRE/CO: SCD 253

IMPORTANT NOTES

DEVELOPMENTAL COURSES Based on placement results, you may require additional preparation before entering college-level English or Math courses. Options can include
a) developmental courses such as ENA099 or MAT095;
b) English-as-a-Second-Language (ESL) courses;
c) Co-requisite courses such as ENA/ENC101, CSE111, or MAT117/119/123; or
d) CUNY Start.

Speak to an advisor to find out more.

SESSIONS I AND II Each semester has two parts, Session I (12-weeks) and Session II (6-weeks). It is recommended that you take 15 credits per semester for timely graduation. For questions regarding financial aid or tuition and fees, please visit Student Financial Services in C-107.

CREDITS & HOURS Courses often meet for the same number of hours per week as academic credits awarded, but in some cases your classes meet for more hours, listed in the CREDITS column when applicable.

PRIORITY COURSES Priority Courses are important for your progress in the degree and should be taken in the suggested order.

PATHWAYS FLEXIBLE CORE You may choose Flexible Core courses based on interests or transfer goals. Speak to an advisor or view Degree Audit to see a full list of options and/or requirements. Generally, you must take courses in different categories:

- Creative Expressions
- Individual and Society
- Scientific World
- U.S. Experience in its Diversity
- World Cultures and Global Issues

URBAN STUDIES All students must complete an Urban Studies course to graduate. Urban Studies courses have an “N” at the end of the course code (e.g. HUN192).