

Human Services

Associate of Arts | Degree Map

Follow this map to graduate in two years, though other paths are possible. You must average 15 credits a semester to finish in two years. Contact an advisor for additional support, and see the back for more information.

	Course	PC = Program Core; RC = Required Core; FC = Flexible Core	Category	Credits	Session
SEMESTER 1	HSF090 First Year Seminar for Health Sciences		PC	0 (2hrs)	I
	ENG101 English Composition I (or ENA101)		RC	3	I
	MAT120/119 Statistics (recommended – see back)		RC	3	I
	SSS100 Intro. to Sociology (Individual & Society: pre/co-req for HSS102)		FC	3	I
	SSY101 General Psychology (Scientific World: pre/co-req for HSS101)		FC	3	I
	SCH160 Health & Wellness		PC	3	II

	Course	Category	Credits	Session
SEMESTER 2	ENG102 English Composition II	RC	3	I
	HSS101 Introduction to Human Services	PC	3	I
	HSS102 Social Policy & Welfare	PC	3	I
	Flexible Core Course (see back for more information)	FC	3	I
	SCN195 Community Health	PC	2	II
	SCN196 Community Health Research	PC	1	II

	Course	Category	Credits	Session
SEMESTER 3	SCB101 Topics in Biological Sciences (Life and Physical Sciences)	RC	3	I
	SSP101 Power and Politics (U.S Experience: pre-req for HSS290 & 295)	FC	3	I
	HSS214 Social Gerontology	PC	3	I
	HSS216 Interviewing & Counseling	PC	3	I
	Health Science and Human Services Course (see back)	PC	3	II

	Course	Category	Credits	Session
SEMESTER 4	HSS290 Health & Human Services Seminar & Internship (Capstone)	PC	3	I
	HSS295 Community Organizing	PC	3	I
	Health Science and Human Services Option (see back)	PC	3	I
	SSA101 Cultural Anthropology (recommended – see back)	FC	3	I
	SSY230 Abnormal Psychology (recommended – see back)	FC	3	I
Register for GRDOOO "Intent to Graduate" in CUNYfirst to apply for graduation in your final semester Students must take at least one Urban Study course				

Start planning now for what comes after graduation! Connect with [Transfer Services](#) and the [Center for Career & Professional Development](#). Also see the back of this map for more information on transfer.



Credits Required to Graduate

Category	Credits
Pathways Required Core (RC)	12
Pathways Flexible Core (FC)	18
Program Core (PC)	30
Total	60

More information at laguardia.edu/humanservices

Effective Fall 2021-Spring 2022 catalog. Updated: 4/6/2022

Follow the map for the catalog year in which you first enrolled.
Check Degree Audit & speak to an advisor for more support.

Program Core (PC) and Pre/Co-requisites

The Program Core (PC) is the required set of major-specific courses. Refer to the Pre- and Co-requisite list below to ensure you register for the appropriate courses.

Pre-requisite: A course which must be completed prior to taking another course

Co-requisite: A course which must be taken during the same session as another course.

1. HSF90 PRE/CO: None
2. SCH160 PRE: Math & English Proficiency
3. SCN195 PRE: Math Proficiency, ENA/ENG101, & SSY 101 PRE/CO: HSF090
4. SCN196 PRE/CO: SCN195
5. HSS101 PRE: Math Proficiency, ENG101, HSF90 or equivalent PRE/CO: SSY101
6. HSS102 PRE: Math Proficiency, ENG101 PRE/CO: HSS101, SSS100
7. HSS214 PRE: HSS101 PRE/CO: HSS102, SCN195
8. HSS216 PRE: ENG101, SSY101 PRE/CO: SCN195
9. HSS295 PRE: ENG102, SSP101, SCN196, HSS102, HSS216; PRE/CO: HSS214
10. HSS290 PRE: PRE: ENG102, SSP101, SCN196, HSS102, HSS216; PRE/CO HSS214, HSS295

Program Core Options

Health & Human Services Courses (Select 2):

1. **HSS208** Human Services & Disabilities PRE: HSS101 & HSS102
2. **HSS218** Group Interviewing & Counseling PRE: SSS100 & HSS216
3. **SCD200** Introductory Nutrition PRE: English & Math Proficiency
4. **SCH150** Drugs, Society & Human Behavior PRE: English & Math Proficiency
5. **SCH210** Human Sexuality PRE: English & Math Proficiency
6. **SCN194** HIV/AIDs, Science & Society PRE: ENG101 & Math Proficiency
7. **SCN240** Food & Culture PRE: ENG101

Pathways Requirements & Transfer

PATHWAYS REQUIRED CORE (RC) Pathways is CUNY's general education framework. For Required Core, students must take 2 English courses, 1 Mathematics and Quantitative Reasoning course, and 1 Life and Physical Sciences course.

MATHEMATICS AND QUANTITATIVE REASONING It is recommended to take MAT120/119 Statistics for your program because it is required in 4-year Human Services programs and increasingly required for Social Work programs.

PATHWAYS FLEXIBLE CORE (FC) allows students to choose courses based on interests, transfer or career plans, or for general exploration. View DegreeWorks or our [Pathways website](#) to see a full range of options. Note: your program has specific requirements or recommendations listed below.

- **Creative Expression:** No recommendation
- **World Cultures and Global Issues: SSA101 Cultural Anthropology** recommended because course builds cultural competency and is sometimes required for Social Work programs (York College)
- **Additional Flexible Core (Scientific World): SSY230 Abnormal Psychology** recommended for those pursuing careers in mental health and may be required at 4-year colleges

The following courses are **required** because they are pre or co-requisites for needed courses. They are also required for 4-year programs in Human Services and are pre-requisites to apply for Social Work programs.

- **Individual & Society: SSS100 Introduction to Sociology** required
- **Scientific World: SSY101 General Psychology** required
- **U.S. Experience in its Diversity: SSP101 Power & Politics** required

TRANSFER AGREEMENTS The Human Services program has an agreement with the following 4-year colleges. By graduating from LaGuardia and meeting certain requirements, you will be able to complete your studies at a 4-year college and earn a bachelor's degree. For more information, visit our [Transfer Agreement \(Articulation\) web page](#).

1. John Jay or City Tech – BS in Human Services
2. CUNY School of Professional Studies – BS in Human Relations
3. Long Island University – BS in Health Sciences