

REFERRAL GUIDE FOR HELPING STUDENTS IN DISTRESS

EXHIBITED BEHAVIORS / CONCERNS

RESPONDING AREA



Student shows signs/has concerns which indicate that they may be under psychological or emotional stress.

WELLNESS CENTER

- Anxiety
- Death of Loved Ones
- Death of Classmate
- Depression
- Decreased Concentration
- Decreased Motivation
- Eating Disorders
- Family Conflicts
- Lack of Emotional Response
- Gender Identity
- Interpersonal Relationships
- Isolating/Withdrawn
- Personal Issues Impacting Academic & Social Functioning
- Physical/Emotional/Sexual Abuse
- Stress
- Suicidal Thoughts

Contact the
Wellness Center Hotline
to speak with a counselor

Ext. 4444 | Room C249



Student shows signs/has concerns which indicate that they may present danger to themselves or others.

PUBLIC SAFETY

- Aggressive Behavior
- Disruptive / Defiant Behaviors
- Evidence of / use of controlled Substance / Alcohol
- Harassment
- Immediate Health Emergency
- Imminent Threat to Self or Others
- Possession of Weapons
- Unresponsive to De-escalation
- Verbally / Physically Threatening

Contact
Public Safety
for assistance

Ext. 5555 | Room M145



* Phone numbers are for on-campus emergencies and can be accessed from any campus phone.

For off-campus emergencies or when calling from a cell phone after hours, contact Public Safety at 718-482-5555.

For more information on how to help students in distress, visit www.laguardia.edu/studentcrisisguide/