

## Human Services Degree Map | Associate of Arts

	Course	Category	Credits	Session
SEMESTER 1	HSF090 First Year Seminar for Health Sciences	PC	0 (2hrs)	I
	ENG101 English Composition I (or ENA101)	RC	3	I
	MAT120/119 Statistics (recommended – see back)	RC	3	I
	HSS101 Introduction to Human Services	PC	3	I
	SSS100 Intro. to Sociology ( <b>Individual &amp; Society: pre/co-req for HSS102</b> )	FC	3	I
	SCH160 Health & Wellness	PC	3	II

	Course	Category	Credits	Session
SEMESTER 2	ENG102 English Composition II	RC	3	I
	HSS102 Social Policy & Welfare	PC	3	I
	SSY101 General Psychology ( <b>Scientific World pre/co-req for H216</b> )	FC	3	I
	Flexible Core Course (see back for more information)	FC	3	I
	SCN195 Community Health	PC	2	II
	SCN196 Community Health Research	PC	1	II

	Course	Category	Credits	Session
SEMESTER 3	SCB103 Human Biology in Health and Disease or other Life & Phys. Sci.	RC	3	I
	SSP101 Power and Politics (recommended – see back)	FC	3	I
	HSS214 Social Gerontology	PC	3	I
	HSS216 Introduction to Motivational Interviewing	PC	3	I
	Health Science and Human Services Course (see back)	PC	3	II

	Course	Category	Credits	Session
SEMESTER 4	HSS290 Human Services Internship Seminar (Capstone)	PC	3	I
	HSS295 Community Organizing	PC	3	I
	Health Science and Human Services Option (see back)	PC	3	I
	SSA101 Cultural Anthropology (recommended – see back)	FC	3	I
	SSY230 Abnormal Psychology (recommended – see back)	FC	3	I
<b>Register for GRD000 "Intent to Graduate" in CUNYfirst to apply for graduation in your final semester</b> <b>Students must take at least one Urban Study course</b>				



To learn more about this major and possible transfer and career paths, [visit here](#)

**Community Health & Wellness**

**Credits Required:** Required Core (RC): 12 | Flexible Core (FC): 18 | Program Core (PC): 30 | **Total = 60**

**Effective Fall 2025 | Updated January 7, 2025**

## Program Core (PC) and Pre/Co-requisites

1. HSF90 PRE/CO: None
2. SCH160 PRE: Math & English Proficiency
3. SCN195 PRE: Math Proficiency, ENA/ENG101, & SSY 101 PRE/CO: HSF090
4. SCN196 PRE/CO: SCN195
5. HSS101 CO-REQ: HSF90 or equivalent
6. HSS102 PRE: Math Proficiency, ENG101 PRE/CO: HSS101, SSS100
7. HSS214 PRE: HSS101 PRE/CO: HSS102, SCN195
8. HSS216 PRE: ENG101, SSY101 PRE/CO: SCN195
9. HSS295 PRE: ENG102, SCN196, HSS102, HSS216; PRE/CO: HSS214
10. HSS290 PRE: PRE: ENG102, SCN196, HSS102, HSS216; PRE/CO HSS214, HSS295

## Program Core Options

### Health & Human Services Courses (Select 2):

1. **HSS208** Human Services & Disabilities (Note: this course is not regularly offered)
2. **HSS218** Group Interviewing & Counseling
3. **SCD200** Introductory Nutrition PRE: English & Math Proficiency
4. **SCH150** Drugs, Society & Human Behavior
5. **SCH210** Human Sexuality
6. **SCN194** HIV/AIDs, Science & Society
7. **SCN240** Food & Culture
8. **SSY101 General Psychology**
  - a. SSY101 is a pre-req for HSS216 and can also be taken for Scientific World

## Pathways Requirements & Transfer

MATHEMATICS AND QUANTITATIVE REASONING It is recommended to take MAT120/119 Statistics for your program because it is required in 4-year Human Services programs and increasingly required for Social Work programs.

### PATHWAYS FLEXIBLE CORE (FC)

The following courses are **recommended** to fulfill Pathways Flexible Core. Speak with an advisor or the Program Director to ensure you're taking the best courses for your future plants.

- Creative Expression: No recommendation
- World Cultures and Global Issues: **SSA101 Cultural Anthropology** recommended because course builds cultural competency and is sometimes required for Social Work programs (York College)
- U.S. Experience in its Diversity: **SSP101 Power & Politics** recommended because it transfers well to articulated programs
- Additional Flexible Core (Scientific World): **SSY230 Abnormal Psychology** recommended for those pursuing careers in mental health and may be required at 4-year colleges

The following courses are **required** because they are pre or co-requisites for needed courses. They are also required for 4-year programs in Human Services and are pre-requisites to apply for Social Work programs.

- Individual & Society: **SSS100 Introduction to Sociology** required
- Scientific World: **SSY101 General Psychology** required

TRANSFER AGREEMENTS The Human Services program has an agreement with the following 4-year colleges. By graduating from LaGuardia and meeting certain requirements, you will be able to complete your studies at a 4-year college and earn a bachelor's degree. For more information, visit our [Transfer Agreement \(Articulation\) web page](#).

1. John Jay or City Tech – BS in Human Services
2. CUNY School of Professional Studies – BS in Human Relations
3. Long Island University – BS in Health Sciences
4. Queens College – BA in Human Development and Family Science