

**LAGUARDIA COMMUNITY COLLEGE, CITY UNIVERSITY OF NEW YORK
PRACTICAL NURSING**

**SCL 102: The Science and Art of Nursing I – Introduction to Practical Nursing
Reflective Response Essay Assignment Weight 2.5%**

Instruction

Using "Florence Nightingale Principles for Nurses" and previous readings on historical figures in nursing from textbook discuss Florence's Principles in your small group. Then in a 150 -200 words reflective essay consider and discuss three of Nightingale's Principles as they relate to today's nursing practice. Be creative in your response.

NIGHTINGALE PRINCIPLES FOR NURSES

- * The sick person is an individual with individual needs.
- * Nursing is an art and a science.
- * Nurses should spend their time caring for patients, not cleaning.
- * Prevention is better than cure.
- * The nurse must work as a member of a team.
- * The nurse must use discretion, but must follow the physician's orders.
- * Self-discipline and self-evaluation are important.
- * A good nursing program encourages individual development of the nurse.
- * The nurse should be healthy in mind and body.
- * Teaching is a part of nursing.
- * Nursing is a specialty.
- * A nurse does not "graduate", but continues to learn throughout his or her career.
- * The nursing curriculum should include both theoretical knowledge and practical experience.

