YOU are invited to the
Spring 2012
Student Success Workshop Series ….

Join us for these one – hour workshops designed to help you achieve academic and personal success!!!

Change your life! Become a Creator

When academic outcomes and experiences are negative, students often blame others, especially their teachers. When academic outcomes and experiences are positive, many students also give credit to others, rather than themselves. Take this opportunity to see how your choices contribute to outcomes that empower you to approach life with the beliefs and behaviors of a Creator, thus giving up the passivity and bitterness of a Victim.

Wednesday April 25   2:30-3:30 p.m.    Carole Julien                                Room B 116

Do You Have an Attitude?

We all have different thoughts, feelings, beliefs and opinions about the various aspects of our lives, including our academic lives. The attitudes we hold have a direct impact on our ability to succeed. What attitudes do YOU have about your ability to succeed in school? Do you expect to fail, “barely pass” or succeed with flying colors? Do these attitudes affect your ability to study effectively, complete assignments on time, and approach your assignments with enthusiasm? Come to this workshop to explore ways to move past attitudes that sabotage success!

Wednesday, April 18  2:30-3:30 p.m.   M. Hodge and S. Cevallos   Room B 120
Wednesday, April 25  2:30-3:30 p.m.   M. Hodge and S. Cevallos   Room B 120
Wednesday, May 2     2:30-3:30 p.m.   M. Hodge and S. Cevallos   Room B 116
Wednesday May 9      2:30-3:30 p.m.   M. Hodge and S. Cevallos   Room B 116
**DegreeWorks:**

DegreeWorks is a degree audit and academic tracking system that allows you to view your progress and make plans for the future. These workshops are timed so that you'll get a head start on planning your next semester's coursework.

**Wednesday April 18**
2:30-3:30 p.m.  
Carole Julien  
Room B 116

**Wednesday May 9**
2:30-3:30 p.m.  
Roni Patterson  
Room B 120

**Time Management:**

Do you wonder why you always feel rushed to finish your term papers? Have you not found time to do all your homework before class starts? Is your sleep schedule totally out of whack? Learn how to budget your time and use it more effectively, whatever your class load or crazy life schedule may be.

**Wednesday May 2**
2:30-3:30 p.m.  
Roni Patterson  
Room B 120

**Strategies for Success:**

Are you unsure of what steps you need to take to insure college success?

Did you know that having a plan is a major part in reaching goals and obtaining success?

Join us as we identify success obstacles, and create individualized plans for success.

**Wednesday, May 16**
2:30 – 3:30 p.m.  
Valerie Jones, LMSW  
Room B 116

**Wednesday, May 23**
2:30 – 3:30 p.m.  
Valerie Jones, LMSW  
Room B 116

*We look forward to seeing you there!!!*