Hello, my name is Suji Kim. I am a visiting student from South Korea, and I am also an intern with the Single Stop USA (SSUSA) program at LaGuardia Community College.

I wanted to take a moment to tell you about the Single Stop USA program and what my experience has been like this semester.

We have been working very hard to meet as many students as possible and to help those who are in need of our services. We offer free benefits screening, financial coaching, legal services and tax preparation. Having access to our program is so easy! You don’t even have to make an appointment. Just take about five minutes to fill out our form, and we’ll be happy.

No Smoking Policy Enforcement

Smoking is prohibited at any time in the LaGuardia Community College’s facilities including entrances and courtyards. No smoking signs have been posted at the entrances and outdoor courtyards.

All college community members including students, faculty and staff who are found to be in violation of the no smoking policy could face penalties ranging from a warning letter to a summons issued by the NYC Police Department in the amount of $75.

Be advised that last month, the NYC Police Department issued several summonses in front of the E Building.

The College provides referral to those who want to quit smoking. You can contact the College’s Office of Student Life (M-115) for more information.

Financial Aid Awareness Day: Coming January 27, 2011

File your 2011-2012 FAFSA application on-the-spot. Bring your (and your parents, if required) 2010 income documentation.

Discover all the financial resources available to help you pay for college. Explore the Student Financial Services website. Speak one-on-one with a Student Financial Services counselor. Enter a drawing to WIN a PRIZE.

Location: E-Building Atrium
10:00 a.m. - 3:00 p.m.


You must reapply for financial aid every academic year. The Department of Education will automatically send you an email or postcard in January, reminding you to use your FAFSA PIN # to reapply for federal student aid by completing a new FAFSA “On the Web” application. When you reapply, you will be given the option to have your FAFSA partially completed for you using information that has

DOLLARS & SENSE, continued p. 6

Student News Editorial Policy
The Student News is a college publication for the benefit of the student body. All articles accepted for publication are reviewed and edited as needed for style and length. The Division of Student Affairs and the Office of Marketing and Communications produce the Student News collaboratively.

Inside Student News...

Single Stop USA
Student Spotlight: Suji Kim

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SEE STUDENT SPOTLIGHT continued p. 3

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Craig Ford, a fulltime missionary in Papua, New Guinea created a list of 10 characteristics to help one succeed. I have revised them a bit to fit the context of the community college student experience and I hope that you will find some value in the list as you make meaning in your own lives.

1. Integrity. Integrity is doing the right thing regardless of the outcome. There are some core values that each of us must develop and defend so that we can live with ourselves.

2. Work Ethic. Your effort will impact the places you will be able to go in life. You must be able to work without someone watching over your shoulder.

3. Self-Care. You must take care of yourself and your home life because when there are crises at home, they often overflow into everything else you do.

4. Confidence. Believe in yourself, but also, know yourself, your limitations and areas in which you need improvement. Pursue confidence too far and it quickly becomes a turn off – ego.

5. Commitment. Make a habit of doing what you say you will do.

6. Savings. In order to be successful, you need to learn how to save. Money in the bank opens doors – it creates options.

7. Negotiation. All of life is a negotiation. Unless you learn to get what you deserve in transactions, it will be hard to be successful.

8. Self Marketing. To be clear – this is not bragging – blahhh. This is the ability to say to other people, “I do good work. Let me show you,” highlighting what you do well and the contributions you can make.

9. People Skills. In an increasingly digital era, some people think people skills are less important. If people get to know you and are comfortable around you it may lead to having doors to opportunity open up unexpectedly. Learn to confidently shake hands, look people in the eye, and carry a conversation and you’ll reap the rewards.

10. Instinct. This one is hard to develop and even hard to measure. However, some people have good instincts. They know the right timing, the right thing to say, the right pitch, and they execute. Trust yourself, be yourself and value your integrity and you will develop instincts that give you the winning edge in life.

In summary, trust yourself, be yourself and value your integrity and you will develop instincts that give you the winning edge at school and in life. Have a wonderful holiday season and Fall II semester.

---

“A happy life is one spent in learning, earning, and yearning”
-- Lillian Gish

Edgar Romero, ‘10, was the 2009-2010 International President of the Phi Theta Kappa Honor Society and a 2009-2010 CUNY Malave Leadership Academy Fellow. Having completed the Honors Program Concentration, Edgar is currently at City College on full scholarship.

Sasheen Pottinger (LaGuardia ’09) is now in her second year as a Biology major at Cornell University. For Sasheen, the Honors Program experience “was priceless.”
From the SGA President

I once read a story about the struggle a community endured to gain the rights that had been denied of them for centuries. A few months later, I learned that those brave people were the ones who had decided to separate and form their own nation; a country where they wouldn’t be subjected to mistreatment. Unfortunately, I also learned that they were being killed simply because they were seeking freedom and fairness. Darfur had become a place of genocide.

In the United States of America we tend to take for granted the rights that have been bestowed upon us through generations. We tend to believe that our government is responsible for making sure that those “unalienable” rights are not violated. Yet, in places around the world that is not the case. We find that in many regions, ethnic or religious groups are targeted and exterminated just because of who they are. In 1945, at the end of the Second World War, representatives from around the world gathered in San Francisco to create the United Nations for the purpose of preventing future wars, and more importantly, to “never again” see the mass extermination of any ethnic or religious group. We all know this hasn’t been the case. We wonder why preventing genocide is so hard; why stopping the aggressors is so complicated.

One of the reasons is that public awareness of these atrocities is minimal; the general audience tends to pay little, if any, attention to events of this kind. This is why the Student Government Association and the Political Arena Club are putting together the first Human Rights Awareness Week at LaGuardia. The main objective is not just to celebrate the virtues of our diversity, but to also provide our student body with the information necessary so that they too may become selfless warriors for human rights.

I welcome you to join us, beginning December 6, for our various events and workshops promoting a greater awareness of human rights violations throughout the world.

Alejandro Madi / SGA President
SGA_Pres@lagcc.cuny.edu

Student Scholarship Reminder

The Jack Kent Cooke Undergraduate Transfer Scholarship Program awards up to $30,000/year to about 50 exceptionally promising students from across the country, who will begin their studies at a four-year institution in Fall 2011. LaGuardia may nominate up to four students to compete for these awards.

The application deadline is Monday, December 6, 2010 at noon. Full application instructions can be found at the LaGuardia Honors Program facebook page or by sending an email to honorsprog@lagcc.cuny.edu.

The Kaplan Foundation Leadership Scholarship Program provides advisement during the transfer application process, free tutoring and career counseling, leadership development, and mentoring by industry leaders, financial assistance for its scholars’ last year at a community college, and up to $20,000/year for the completion of their Bachelor’s degree.

The application deadline is February 1, 2011, and the application is available at: http://kaplannedfoundation.org. If you have received a letter about eligibility for either scholarship, don’t hesitate to apply!

Single Stop USA Helps You Save Money!

In this downward economy and with ever-changing technology, life - especially for students - can become confusing, hectic and expensive. We all face challenges like juggling our time between going to classes and taking care of our families, and paying for school, food, bills and more. While spending all this time and money just to get by, saving money might seem impossible! However, saving is easier than you think. If you’re asking yourself, “How can I get started?” Single Stop USA has a few easy tips we’d like to share to help you develop saving habits and start saving now:

1. When you budget, make yourself a part of that budget and PAY YOURSELF FIRST.
2. Set up automatic payroll deductions so that funds go directly into your savings account.
3. Save all unexpected monetary extras like gifts, tax refunds, money rebates, bonuses, etc.
4. Make sure you set up a savings account with your bank that earns interest. You should be able to find a savings account that will give you up to 5 percent interest on your savings.
5. Take advantage of pre-tax payroll deductions from your paycheck, so that money goes into a fund like a 401K.
6. Force the government to pay you up front for the Earned Income Tax Credit.
7. Try to control your impulse purchases. Do you really need that item you want to buy?

Imagine there’s no hunger 2010...

Do you know who is showing up at food pantries? Working people are turning to food pantries for help.

With the economic crisis amongst us, who’s to tell who will be showing up next at the pantries?

Join CSTEP, the Nursing Club and the LaGuardia Community for an important event
Imagine there’s no hunger...

Date: December 8, 2010
Place: E362
Time: 1:30 - 4:00PM

Please help and bring in a can good or $1.00 prior to the start of the speaker presentations for the Diocesan Fellowship food pantry.

Student Spotlight from p. 2

to call you later to see how we can be of help to you and your family.

Working at SSUSA has been the happiest experience for me since I’ve been in NYC. When I sit at our info tables, I get to meet many new people every day. Students we have met before often come by to say “hello” and to let us know how much help they got from SSUSA.

I’m also glad that I get to work with such nice people who are warm and welcoming. I can see how students respond to this positive energy, and they always thank me at the end of every day. We are like a happy family, and I hope you come to visit us. Our door is always open.
Avoid Long Lines! Once you have completed your registration, please go to the Office of the Bursar, Room MB-55, to settle your registration bill. If your balance due is $200 or more, you must settle your registration bill by the close of business according to the payment due date schedule on this flyer.

Failure to do so will result in cancellation of your registration. For your convenience, we offer the following payment options:

**Payment Options**
- **TuitionPay Payment Plan** from Sallie Mae
  - Enroll for only $18.00 and 1/3 of your current semester tuition balance (www.tuitionpay.com/cuny)
- **Credit Cards** (MasterCard, American Express and Discover cards by utilizing your CUNY Portal account) We do not accept VISA!
- **Only Cash, Checks & Money Orders** are accepted at the Bursar's Window (MB-55).
- **All Checks & Money Orders** made payable to LaGuardia Community College. Be sure to write the last 4-digits of your (social security number or ID number).
- **E-Check via e-SIMS(CUNY Portal)**
- **Financial Aid and Scholarships**
- **Third Party Voucher**

**How To Pay**

1. **Web Payment**
   - Go to www.cuny.edu to pay your bill online utilizing your CUNY Portal account
   - E-Check has no processing fee.
   - Credit card (MasterCard, Amex or Discover only).
   - There is a 2.65% processing fee.

2. **By Mail**
   - Checks and money orders can be mailed to:
     **Office of the Bursar**
     LaGuardia Community College
     31-10 Thomson Avenue, Room MB-55
     Long Island City, NY 11101

3. **In Person Payments** can be made at the Office of the Bursar (MB-55) during the following office hours:
   - Mon.-Tues. 9:00am-5:00pm
   - Wed.-Thurs. 9:00am-8:00pm
   - Friday 9:00am-4:30pm

4. **Drop Box**
   - Only checks and money orders should be placed in the Drop Box located outside the Bursar's Window (MB-55). Envelopes are available above the drop box.

5. **TuitionPay Payment Plan** from Sallie Mae
   - For only $18.00 and 1/3 of your current semester tuition balance, you may enroll in the 12/13 Pay Fall Session II plan by phone at 1-800-635-0120 or via web at:
   - www.tuitionpay.com/cuny
   - You may also enroll in person with a TuitionPay representative on campus outside the Office of the Bursar (MB-55) on the following dates:
   - **TuitionPay Enrollment Dates**
     - Dec. 8 - 9 9 - 7 pm
     - Dec. 13 - 16 9 - 7 pm
     - Dec. 20 - 23 9 - 7 pm
     - Dec. 28 - 30 9 - 7 pm
   - **During Late Registration**
     - Jan. 3 - 6 9 - 7 pm

### **PAYMENT DUE DATES***

<table>
<thead>
<tr>
<th>If you register: You must pay by:</th>
<th><strong>TuitionPay Enrollment Dates</strong></th>
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<tbody>
<tr>
<td>Now – Dec. 12</td>
<td>Dec. 8 - 9 9 - 7 pm</td>
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<td>If your last name begins with:</td>
<td>Dec. 13 - 16 Mon. 12/20/10</td>
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<tr>
<td>A – L</td>
<td>Dec. 17 - 23 Tues. 12/28/10</td>
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<tr>
<td>M – Z</td>
<td>Dec. 24 - 30 Mon. 01/03/11</td>
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<td>Dec. 31 - Jan. 4 Wed 12/15/10</td>
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</table>

The following dates are from A – Z:

- Dec. 13 - 16 Mon. 12/20/10
- Dec. 17 - 23 Tues. 12/28/10
- Dec. 24 - 30 Mon. 01/03/11
- Dec. 31 - Jan. 4 Wed 12/15/10

6. **Financial Aid**
   - Any financial aid appearing on your bill is ESTIMATED and subject to change. If your financial aid does not cover your entire tuition and fees, you must settle the remaining balance by the close of business on the payment deadline.

7. **Third Party Voucher**
   - You must submit a voucher or an official letter from your employer or union to the Office of the Bursar (MB-55) by the close of business on the payment deadline.

#### **IMPORTANT**

If you do not make full payment on your tuition and fees and other college bills and your account is sent to a collection agency, you will be responsible for all collection costs, including agency fees, attorney fees and court costs, in addition to whatever amounts you owe the college.

In addition, non-payment or a default judgment against your account may be reported to a credit bureau and reflected in your credit report.

**Student Financial Services, C107**

**Financial Aid Deadlines**

- **The FAFSA deadline to apply for Fall 2010 was April 15, 2010.**
- **All documentation had to be submitted by June 30, 2010.** If you missed these deadlines, you will be expected to enroll in a TuitionPay payment plan. Any financial aid appearing on your bill is ESTIMATED and subject to change.

If your financial aid does not cover your entire tuition and fees, you must pay the remaining balance by the close of business on your scheduled payment deadline.

To ensure proper delivery of college correspondence, please verify that the Offices of Student Financial Services and the Registrar have your correct mailing address.

For assistance:

* Your financial aid application (FAFSA), go to the Student Financial Services Resource Center (C-109).

**REFUND POLICY - FALL 2010 SESSION II**

<table>
<thead>
<tr>
<th>Tuition Refund</th>
<th>Tuition Liability</th>
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<tbody>
<tr>
<td>Last day for 100% refund - Jan. 3</td>
<td>100%</td>
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<tr>
<td>Jan. 4 - 10</td>
<td>50%</td>
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<tr>
<td>Jan. 11 - 18</td>
<td>25%</td>
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No tuition refunds after Jan 18, 2011.

**Important Facts**

- Financial Aid Checks are disbursed in October/November for the Fall semester and April/May for the Spring semester. Financial Aid Checks are directly mailed to students. If you do not receive your check in the mail, you may contact the Office of the Bursar. Note: Direct Deposit or the CUNY Scholar Support Prepaid Card is also available at your request.

- A Bursar stop will be placed on your student account if you have an outstanding balance resulting from any unpaid financial aid, balance due to college, book balance, bad check, emergency loans and/or TuitionPay payment plan delinquency.

- Please refer to the Drop/Withdrawal policy on our Bursar web site: http://www.laguardia.edu/bursar and/or college catalog when dropping or withdrawing from classes.

Note: There is a significant difference when dropping and/or withdrawing from a course as it may affect your registration bill.

- You may enroll in our TuitionPay payment plan from Sallie Mae for only $18.00 and 1/3 of your current semester tuition balance, if your financial aid is not appearing on your bill. Once it is determined that you are entitled to receive financial aid, your payment plan may be canceled at our discretion. If this results in a refund, it may be included in your financial aid check or a refund check may be generated and mailed to you.

**Important Telephone Numbers**

- Bursar (718) 482-7226
- Registrar (718) 482-5242
- Student Financial Services (718) 482-5242
- Admission (718) 482-7206
- Student Info Center (718) 482-5935
**December 2010**

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<td><strong>Cell Talks</strong>&lt;br&gt;2:30pm - 5:00pm&lt;br&gt;Little Theater&lt;br&gt;&lt;br&gt;<strong>Yo Miss! Teaching Inside the Cultural Divide, Vol. 1</strong>&lt;br&gt;4:30pm - 6:00pm&lt;br&gt;Little Theater</td>
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<td><strong>Chanukah Begins</strong>&lt;br&gt;Yo Miss! Teaching Inside the Cultural Divide, Vol. 1&lt;br&gt;4:30pm - 6:00pm&lt;br&gt;Little Theater</td>
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<tr>
<td>Last day of Sunday Classes</td>
<td><strong>Human Rights Week</strong>&lt;br&gt;9am - 7pm Little Theater&lt;br&gt;Panel Discussion: “Helping Small Businesses Grow - LaGuardia and The 10,000 Small Businesses Program”&lt;br&gt;12pm - 2:30pm E-500/501&lt;br&gt;Human Rights Week&lt;br&gt;3pm - 5:30pm Poolside Cafe</td>
<td>Islamic New Year&lt;br&gt;CUNY Transfer Information&lt;br&gt;1:00pm - 4:00pm E-Lobby&lt;br&gt;Human Rights Week&lt;br&gt;Poetry Slam&lt;br&gt;6pm - 10pm Poolside Cafe</td>
<td><strong>Fashion for Human Rights</strong>&lt;br&gt;2:00pm - 4:00pm Atrium</td>
<td><strong>Last day of Weekday Classes</strong>&lt;br&gt;<strong>FDNY EMS Graduation</strong>&lt;br&gt;8:00am - 12:00pm E-500/501</td>
<td><strong>The Nutcracker</strong>&lt;br&gt;3:00pm - 5:00pm Mainstage Theater</td>
<td>Last day of Saturday Classes</td>
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<td><strong>Reading Day</strong>&lt;br&gt;Honors Symposium and Awards Luncheon&lt;br&gt;12:00pm - 3:00pm E-500/501</td>
<td><strong>First Day of Final Exams</strong></td>
<td><strong>Human Rights Week</strong>&lt;br&gt;10:00am - 4:00pm Atrium/Little Theatre</td>
<td><strong>Islamic Ashura</strong></td>
<td><strong>President’s Holiday Breakfast</strong>&lt;br&gt;8:00am - 12:00pm E-500/501</td>
<td><strong>The Nutcracker</strong>&lt;br&gt;3:00pm - 5:00pm Mainstage Theater</td>
<td><strong>Last day of Saturday Classes</strong></td>
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<tr>
<td>Last Day of Final Exams</td>
<td><strong>Winter Begins</strong>&lt;br&gt;Admissions will close at 5pm&lt;br&gt;RN Pinning Ceremony&lt;br&gt;2:00pm - 9:00pm Mainstage Theater</td>
<td><strong>Admissions will close at 5pm</strong>&lt;br&gt;<strong>Admissions, ESC &amp; SIC will close at 5pm</strong></td>
<td><strong>Admissions, ESC &amp; SIC will close at 5pm</strong></td>
<td><strong>Christmas Eve</strong>&lt;br&gt;College Closed</td>
<td><strong>Christmas Day</strong>&lt;br&gt;College Closed</td>
<td><strong>Last day of Saturday Classes</strong></td>
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<td>29</td>
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<tr>
<td>Kwanzaa Begins</td>
<td>College Closed</td>
<td><strong>Admissions, ESC &amp; SIC will close at 5pm</strong></td>
<td><strong>Admissions, ESC &amp; SIC will close at 5pm</strong></td>
<td><strong>Admissions, ESC &amp; SIC will close at 5pm</strong></td>
<td><strong>News Year’s Eve</strong>&lt;br&gt;College Closed</td>
<td><strong>Have a happy and healthy New Year!</strong></td>
</tr>
</tbody>
</table>

**Be on the Look Out!**  
A combination of activities, events, workshops, academic calendar dates, etc.

**Coming in Fall Session II**

- **Jan. 3**<br>First Day of Weekday Fall Classes – Session II<br>100% Tuition Refund
- **Jan. 4**<br>Last Day to Add a Course or Change a Course Section<br>50% Tuition Refund
- **Jan. 8**<br>First Day of Saturday Fall Session II Classes
- **Jan. 9**<br>First Day of Sunday Fall Session II Classes
- **Jan. 11 - 18**<br>25% Tuition Refund
- **Jan. 18**<br>Last Day to Drop Course & may be eligible for tuition refund/Census Day /submit Independent Study Contract
- **Jan. 17**<br>No Classes
- **Jan. 24**<br>Last Day to officially withdraw from a course with a “W” grade
- **Feb. 11**<br>No Classes
- **Feb. 12**<br>Last Day of Saturday Classes
- **Feb. 13**<br>Last Day of Sunday Classes
- **Feb. 15**<br>Last day of Weekday Classes<br>Irregular Day - Classes will meet according to a Friday schedule
- **Feb. 16**<br>Final Examinations
- **Feb. 21**<br>No Exams
Dollars & Sense  from p. 1

been carried over from last year’s application. Apply online at www.fafsa.ed.gov.

The Office of Student Financial Services encourages all students to use the Internet to file, reapply or make corrections to their FAFSAs, as it guarantees speed as well as greater accuracy. Our Resource Center, in C-109, is available for you to reapply. If you wish to obtain a PIN number to access and sign your FAFSA “On the Web” application, go to www.pin.ed.gov.

Pell/TAP Queries? (800) 433-3243 or (888) 697-4372 or www.hesc.com Information about Federal Aid

www.hesc.org

www.hesc.org

www.hesc.com

(847) 688-6888 or www.sss.gov Selective Service

www.va.gov/education VA Education Benefits

(800) 647-8733 or oig.hotline@ed.gov Report grant fraud to Ed. Dept’s Office of Inspector General

(877) 382-4357 or www.ftc.gov/scholarshipscams Report fraud to the Federal Trade Commission (FTC)

(866) 653-4261 FTC teletype for the hearing impaired

Enrollment Service Center Hours

Monday - Thursday 9:00am - 7pm

Friday, Saturday, Sunday CLOSED

The Resource Center (C-109) Hours

Monday: 9:00 a.m. – *6:30 p.m.

Tuesday: 9:00 a.m. – *6:30 p.m.

Wednesday: 9:00 a.m. – *6:30 p.m.

Thursday: 9:00 a.m. – *6:30 p.m.

Friday: Closed

* Note that the lab will accept the last student at 5:00 p.m. in order to allow enough time to complete applications or make corrections.

The Enrollment Services Center and Resource Center will be closed on the following dates:

Monday, Dec. 27

Monday, Jan. 17 Martin Luther King Jr. Holiday

Monday, Feb. 21 President’s Day

Frequently Asked Financial Aid Questions

1. How soon after January 1 must I submit my FAFSA? Isn’t it better to wait until my income tax forms have been completed? Submit your FAFSA as soon as possible after January 1. You can use estimates of your income, so long as they are not very different from the actual amounts. If you wait too long, you might miss the deadline for scholarships and/or campus based work-study aid. Immediately after you and/or your parents have completed your tax returns, you must adjust your FAFSA to reflect your or your parent’s actual income.

2. Do I need to reapply for financial aid every year? Yes. You must apply for financial aid every year. If your financial circumstances change, you may get more or less aid. Renewal of your financial aid package also depends on making satisfactory academic progress towards a degree, such as earning a minimum number of credits and achieving a minimum GPA. Check our website http://web.laguardia.edu/sfs/ to see the required number of earned/attempted credits and GPA needed to remain eligible for Title IV and TAP benefits.

3. What information do I need to complete a FAFSA accurately? For the academic year 2010-11, you should have the following when filing:

- 2009 Federal Income Tax Returns
- 2009 W-2 Forms
- 2009 Bank Statements
- 2009 Records of other investments
- Social Security Card
- Alien Registration Card
- Driver’s License

Note: Documents should show you, your spouse’s or your parents’ financial information - if you are a dependent. Dependent students should also know their parent(s)’ name; social security number; date of birth; date of marriage, separation and / or divorce; and, if a parent is disabled, the month and year of the disability.

4. How do I know that I should be filing as an independent student? You are an independent student if you are:

- 24 years old or older at the time of filing, and/or
- A veteran of the U.S. Armed Forces, and/or
- Married, and/or
- Have a dependent for whom you provide more than half of the support.

Must I fill out the Free Application for Federal Student Aid/FAFSA to receive a student loan? Yes

5. What is TAP? TAP is New York State’s Tuition Assistance Program, which provides grants to students to assist them in paying tuition. Families with New York State Net Taxable Income of $80,000 or less qualify to receive TAP grants. TAP awards range from $225 to $5,000.

New York State offers the following financial aid programs:

- Tuition Assistance Program (TAP)
- Part-Time TAP (PTAP)
- Child of Veteran Award
- Child of Deceased Police Officer/ Firefighter Award
- Nursing Scholarships

- Persian Gulf Veterans Tuition Award
- Vietnam Veterans Tuition Award

6. What other sources of financial aid should I check out? • LaGuardia Foundation Scholarships • National Science Foundation (NSF) Scholarship - for high achieving Computer Science, Engineering & Mathematics majors only.

• Faculty Council Scholarships You must currently be enrolled at LaGuardia Community College and have achieved a high degree of academic excellence. To apply, go to www.lagcc.cuny.edu/sfs/scholarships.

• External scholarship information is also available at the Career & Transfer Center (C-261) and at Student Financial Services Resource Center (C-109).

Also look into the following:

• If you or your parents are employed, ask your company or labor union if it has a tuition reimbursement program.

• Check to see if the church or community organization you or your parents belong to has an educational grant or scholarship program.

• If you are a veteran of the U.S. Armed Forces or the child of a veteran, you may be eligible for veterans’ educational benefits. To learn about your eligibility for these benefits, check the Veterans Administration GI bill website or Vocational and Educational Services for individuals with Disabilities (VESID). Or visit the CUNY’s VESID representative in MB20, or call (718) 448-2538. VESID is a NYS government office that provides a variety of education related services and some financial assistance for eligible students.

• If you are a recipient of public assistance, you may qualify for Training Related Expense (TRE) payments through the Office of Employment Services (OES) of the Human Resources Administration.

• You may be eligible for a Hope or Lifetime Learning education credit, both of which you claim when you file your taxes.

• The New York State Department of Education, in conjunction with the New York State Higher Education Services Corporation (HESC), makes a number of academic merit and service awards each year. For more information about NYS sponsored academic award programs, visit HESC’s Grants, Scholarships and Special Awards page.

• The World Trade Center Memorial Scholarship was established for the victims and families of victims of the terrorist attacks of September 11, 2001. Visit the WTC Memorial Scholarship Information Page to learn more about this and other scholarship resources available to victims of the September 11 terrorist attacks.

If you wish to conduct your own scholarship search, you may want to try the following free scholarship searches:

www.finaid.com

www.fastweb.com

www.collegeboard.com

Note: The use of any scholarship search that charges a fee is NOT recommended.
Health Services Center December 2010 Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learn CPR</td>
<td>Monday, Dec 6</td>
<td>E501 3:00PM – 4:00PM</td>
</tr>
<tr>
<td>Dept. of Human Resources Food Stamp Program</td>
<td>Thursday, Dec 9</td>
<td>M-Lobby 10:00AM – 4:00PM</td>
</tr>
<tr>
<td>Learn CPR</td>
<td>Thursday, Dec 9</td>
<td>E242 1:00PM – 2:00PM</td>
</tr>
<tr>
<td>Atlantis Health Plan</td>
<td>Wednesdays 1, 8, 22, 29</td>
<td>C-Lobby 4:00pm – 8:00pm</td>
</tr>
<tr>
<td>Neighborhood Health Providers</td>
<td>Mondays - Thursdays 1, 2, 6-9, 20-23, 27-30</td>
<td>M- Building Lobby 4:00PM – 8:00PM</td>
</tr>
<tr>
<td>AIDS Center of Queens County Free HIV Testing for Everyone</td>
<td>Thursday, Dec 9</td>
<td>Health Services Center MB40 11:00AM – 4:00PM</td>
</tr>
<tr>
<td>Metro Plus Child &amp; Family Health Insurance Enrollment</td>
<td>Tuesdays, Thursdays 2, 7, 9</td>
<td>C- Building Lobby 10:00AM – 4:00PM</td>
</tr>
<tr>
<td>Amerigroup - Child &amp; Family Health Insurance Enrollment</td>
<td>Tuesdays 7, 21</td>
<td>M- Building Lobby 10:00AM – 4:00PM</td>
</tr>
<tr>
<td>Health Plus - Child &amp; Family Health Plus Insurance Enrollment</td>
<td>Fridays 3, 10</td>
<td>C- Building Lobby 10:00AM – 4:00PM</td>
</tr>
<tr>
<td>HIP - Insurance Enrollment</td>
<td>Wednesdays 1, 8</td>
<td>M-Lobby 10:00AM – 4:00PM</td>
</tr>
<tr>
<td>Fidelis - Child &amp; Family Health Plus Insurance</td>
<td>Mondays and Wednesdays 1, 6, 8, 20</td>
<td>E- Building Lobby 10:00AM – 4:00PM</td>
</tr>
<tr>
<td>Affinity - Child &amp; Family Health Plus Insurance</td>
<td>Mondays, Wednesdays 1, 6, 8, 20</td>
<td>C- Building Lobby 10:00AM – 4:00PM</td>
</tr>
<tr>
<td>Health Services Center Outreach Activities</td>
<td>Thursday, Dec 9</td>
<td>M - Building Lobby 10:00AM – 4:00PM</td>
</tr>
<tr>
<td>Affinity - Child &amp; Family Health Plus Insurance</td>
<td>Tuesday, Dec 7</td>
<td>E- Building Lobby 10:00AM – 4:00PM</td>
</tr>
<tr>
<td>Hispanic AIDS Forum Free HIV Testing for Everyone</td>
<td>Tuesdays 7, 14</td>
<td>Health Services Center MB40 11:00AM – 4:00PM</td>
</tr>
</tbody>
</table>

Please note that the Health Services Center reserves the right to change venue and or location without prior notice.

Prepare for Flu Season

The sooner that you are vaccinated; the sooner you will be protected!

It is estimated that between five and 20 percent of the population will be infected with influenza this year. In an effort to limit the spread and severity of this infectious disease, the College’s Health Services Center will offer the influenza vaccine to students, starting on Thursday, December 2 and Friday, December 3 from 10 a.m. to 12 p.m.

Influenza is a respiratory infection that causes fever and sore throat. Yearly, more than 2,000 New Yorkers die of seasonal influenza and pneumonia, which can develop as a complication of flu.

Vaccination is the best way to protect against seasonal influenza. The vaccine will be available - in a limited supply - as either an injection or a nasal spray (FluMist, for healthy people between the ages of 2 and 49).

What to do if you get flu-like symptoms:

1. Stay Home Until Your Fever Is Gone:
   a. Most people get better on their own, with no need to go to the hospital.
   b. Avoid close contact with other people.
   c. Cover your nose and mouth when you sneeze or cough, and wash your hands often.

2. When To Call The Doctor Right Away:
   a. Early treatment is important for people over 65, children younger than 5, pregnant women, children on long-term aspirin therapy and people with long term health conditions.

3. Go to the hospital right away or call 911 if you develop trouble breathing or have other severe symptoms such as:
   - In Adults:
     - Pain or pressure in the chest or stomach
     - Sudden dizziness (feeling like you might faint)
     - Vomiting that won’t stop
   - If Children are:
     - Extremely irritable
     - Not drinking enough fluids

Seasonal influenza vaccinations are available at no cost at New York City Department of Health Immunization Clinics, and at low or no cost at New York City Health and Hospital Corporation facilities.

For more information, contact the College’s Health Services Center, located in Room MB40, by calling (718) 482-5280.

eCareer Central & eCareer Plan

The place to go and the tools to use for discovering a GREAT CAREER and making it YOURS!

“I always thought my ideal career would just come to me. I’ve realized there’s a lot of exploring involved. eCareer Plan and eCareer Central guided me through that process.”

www.lagcc.cuny.edu/ecareer
ESL Advising Event

Advisement for ESL students will be held in E-201 on the following dates:

Wednesday, December 15, 8:00 am - 9:00 pm
and
Thursday, December 16, 9:00 am - 3:00 pm

“This is my wish for you: peace of mind, prosperity through the year, happiness that multiplies health for you and yours, fun around every corner, energy to chase your dreams, joy to fill your holidays!”

-D.M. Dellinger

Financial Aid Waiver Appeals
Academic Year 2010 - 2011

Financial aid waiver appeals will only be approved by the Waiver Appeals Committee within the current academic year. Documents supporting the appeal must be attached to the appeal form for review. The dates for supporting documentation must be within the current academic year that the appeal is being requested. The decision of the committee is final.

TAP and Title IV Appeals
Submission Dates

Fall 2010  No later than January 10, 2011
Spring 2011  No later than July 11, 2011

Students can only apply for a one-time waiver for TAP.