

FREE One-Hour Seminars - Fall 2009

Have an Hour? Improve Your Success in College!

Improved Note Taking Strategies:

How can you take better quality notes in class? There is an art and science to this! Learn techniques to becoming a better note-taker, because better notes mean higher grades on tests!

Monday, November 2 5:00 – 6:00pm Sutonia Boykin MB10

Connecting with Campus Resources:

This workshop will cover the variety of campus resources available to students – learn everything, from how to obtain tutoring services to how to get involved on campus. Students will also learn about various resource websites housed on the LaGCC website and be introduced to other college resources on the web.

Monday, September 21 5:00 – 6:00pm Sutonia Boykin MB10

Monday, October 5 4:45 – 5:45pm Sutonia Boykin MB10

Making The Most of Academic Advising:

This workshop will provide valuable information on how to prepare for advising and how to gather relevant information that affects your educational goals.

Monday, October 19 5:00 – 5:45pm S. Boykin & C. Julien MB10

Monday, November 16 5:00 – 5:45pm S. Boykin & C. Julien MB10

Learning Styles & Study Skills:

Did you know that everyone has a learning style? What's yours? If you are having difficulties in developing good study habits, this workshop is for you! Learn techniques of effective study skills, tailored to your learning style.

Monday, October 5 1:00 – 2:00pm Naomi Ben-Yehuda MB10

Tuesday, October 6 2:30 – 3:30pm Naomi Ben-Yehuda MB10

Wednesday, October 7 5:15 – 5:40pm Naomi Ben-Yehuda C225A

Thursday, October 8 9:15 – 10:15am Naomi Ben-Yehuda MB10

Wednesday, November 11 9:15 – 10:15am Marianne Hodge C740

Tuesday, November 17 9:15 – 10:15am Marianne Hodge MB10

Tuesday, November 17 2:15 – 3:15 pm Marianne Hodge MB10

Time Management:

Do you wonder why you always feel rushed to finish your term papers? Have you not found time to do all your homework before class starts? Is your sleep schedule totally out of whack? Learn how to budget your time and use it more effectively, whatever your class load or crazy life schedule may be.

Tuesday, September 29 2:30 – 3:30pm Naomi Ben-Yehuda MB10

Wednesday, September 30 5:15 – 5:40pm Naomi Ben-Yehuda C740

Thursday, October 1 2:00 – 3:00pm Carole Julien MB10

Thursday, November 5 9:30 – 10:30am Marianne Hodge MB10

Tuesday, November 10 1:00 – 2:00pm Marianne Hodge MB10

Thursday, November 12 1:00 – 2:00pm Marianne Hodge MB10

Options in Health Care/Plan B:

If you're just starting out in one of the Allied Health majors, are you sure you've explored all your options? There are many more careers for those who want to help others or work in healthcare than you may think. Come hear about possible futures that could be yours!

Tuesday, September 29 5:45 – 6:45pm Carole Julien

RSVP: cjulien@lagcc.cuny.edu

Tuesday, November 17 3:00 – 4:00pm Carole Julien

RSVP: cjulien@lagcc.cuny.edu

Considerations Before Changing Your Major:

Are you thinking of changing your major? Plan on switching to a major with pre-clinical/candidacy courses? Want to know if all your credits apply towards the new major? How will financial aid affect your new curriculum? How will switching from one degree type to another affect your transfer? Find out the answers to these questions and much more!!! Attend one of the following workshops.

Tuesday, September 22 2:00 – 3:00pm Alex Abramov C740

Wednesday, September 30 4:00 – 5:00pm Alex Abramov C225A

Wednesday, October 14 5:00 – 6:00pm Alex Abramov C225A

Monday, November 16 2:00 – 3:00pm Alex Abramov C225A

Tuesday, November 24 5:00 – 6:00pm Alex Abramov C225A

DegreeWorks Trainings:

Peer mentors will conduct one-on-one and small-group trainings on Degree Works, a degree audit and academic tracking system that allows you to view your progress and make plans for the future. These workshops are timed so that you'll get a head start on planning your next semester's coursework.

Monday, November 16 12:00 – 3:00pm Peer Mentors E-Atrium

Tuesday, November 17 10:00 – 1:00pm Peer Mentors E-Atrium

Wednesday, November 18 2:00 – 6:00pm Peer Mentors E-Atrium

Intent to Graduate:

Don't miss your train! If you have more than 30 credits and would like to review how to apply for graduation (everyone must apply!) please attend one of the following workshops.

Monday, September 21 5:00 – 6:00pm Robert Booras C225A

Tuesday, September 22 2:00 – 3:00pm Robert Booras C740

Wednesday, September 23 4:00 – 5:00pm Alex Abramov C225A

Tuesday, September 29 2:00 – 3:00pm Robert Booras C740

Tuesday, September 29 5:00 – 6:00pm Alex Abramov C225A

Wednesday, September 30 5:00 – 6:00pm Robert Booras C225A

Monday, November 16 5:00 – 6:00pm Alex Abramov C740

Tuesday, November 17 2:00 – 3:00pm Alex Abramov C740

Sponsored by the First Year Academies and the Center for Counseling, Advising & Academic Support

