

DARE TO DO MORE

March 9, 2020

Dear Students,

We are closely monitoring the latest updates and developments regarding the 2019 novel coronavirus (<u>COVID-19</u>), a respiratory illness causing flu-like symptoms. Your health and safety, and that of all in our community, is LaGuardia's top priority. At this time, there are no coronavirus cases involving anyone in the LaGuardia community.

If you show flu-like symptoms, such as fever, cough and shortness of breath, **call the LaGuardia Health Services Center at** <u>718-482-5280</u> rather than go in person, and follow their directions. You may also contact your primary care physician or call 311.

Any student that discloses possible exposure and the need to stay home, as recommended by public health officials, should contact the office of Student Affairs' Interim Vice President Bart Grachan at 718-482-5180.

Preventive Measures

Our Facilities team is working hard to keep campus sanitized, and we encourage you to do your part to minimize the potential impact of the coronavirus outbreak. We strongly suggest you follow these basic steps:

- Wash your hands regularly with soap and water for 20 seconds, and use an alcohol-based hand sanitizer to help stop the spread of germs. Air dryers are safe to use.
- Stay home if you are sick, and avoid contact with sick individuals.
- Cover your nose and mouth with a tissue or sleeve when sneezing or coughing do not use your hands.
- Do not touch your face with unwashed hands.
- · Get the flu vaccine to protect yourself from the flu, which has similar symptoms.
- Wearing a face mask is not considered necessary if you are not sick, unless it is directed by a health care provider.

Please <u>review updates from CUNY</u> to learn more about returning from travel, study abroad and additional information about symptoms. We will provide you with ongoing updates on the LaGuardia website at <u>laguardia.edu/coronavirus</u>, and we recommend checking this page often for up-to-date information.

We understand that students may be experiencing heightened levels of anxiety during this time. If you feel anxious or worried, you are encouraged to contact the <u>Wellness Center</u>.

If you have questions or concerns, please contact Dr. Bart Grachan, Interim Vice President of Student Affairs, at 718-482-5180. You can also contact Renée Fuseyamore, Director, Health Services Center at rfuseyamore@lagcc.cuny.edu.

Sincerely, Dr. Paul Arcario Interim President

