



MARCH IS **NATIONAL NUTRITION** MONTH

Come **celebrate** and learn about **healthy** food choices!



Where: E-Atrium
When: Wednesday, March 22, 2017
Time: 2:00 p.m. - 4:00 p.m.

Take the "Eat Real Quiz"

E-Atrium & M, C & E building lobbies
9:30 a.m. to 12:30 p.m.

- * Free food samples
- * Educational activities
- * Games, give-aways & raffle prizes
- * Farmers Market
- * Information about LaGuardia's Health Science programs
- * Student Support Services information tables:
Health Center • Single Stop • Wellness Center



DARE TO DO MORE

Sponsored by the Student Food and Nutrition Club

Weekly Club Meeting on Wednesday's from 2:15-3:30pm, Room E-227 (Open to all LaGCC students)

Email us at lagccfoodandnutritionclub@gmail.com

Find us on Facebook at <https://www.facebook.com/groups/211735922200812>

Follow us on Instagram at http://instagram.com/food_nutrition_lagcc