

# FIRST YEAR INSTITUTE

## Tips for Meeting with Tutors

### Before the Tutoring Session

- Find out where the tutoring session is being held. Sign up for the session.
- Identify specifically what material you need to work on.
- Have a stated goal – focus on your time and what you need to accomplish.
- Prepare before the session by reviewing your notes, textbook, syllabus so you know the requirements that you must fulfill.

### At the Tutoring Session

- Come prepared with your learning tools in order to expedite the session immediately (notebook, text, calculator etc.)
- Be ready to start – focus on the material you need help with.
- Don't expect the tutor to answer all of your questions – the tutor will help you develop skills to answer your own questions.
- Don't feel embarrassed to tell the tutor that you don't understand something – you are there to learn the material.

### After the Tutoring Session

- Review what happened during the session – did you meet your goal?
- Work independently through the chapter or practice problems. Do you feel more confident and better equipped now than you were before the session?
- Continue to work independently, identifying new areas of concern, questions or problems. If you need additional help then sign up to another tutoring session.

***Remember tutoring is meant to be a supplement to your own study, tutoring doesn't replace what you do on your own.***

### Some more tips...

- Keep organized
- Ask questions
- Learn how to study well
- Study with a study group
- Establish a purpose for studying or reading
- Plan study times and stick to them
- Plan ahead
- Study throughout the day and the week